



The HIE Help Center is organized by topic. If you know what you are looking for, please use the side menu to explore our site offerings. If you are looking for general information or want to browse our informational offerings, please take a look at our [sitemap](#) to view a comprehensive listing of our website's existing pages. Pages are continually updated, so check back frequently.

The HIE Help Center also offers users the opportunity to connect on social media, including [Facebook](#), [Twitter](#), [Pinterest](#), and [Google+](#). Connect with us to receive the latest site updates, news about birth injury research, and parenting information from around the internet.

If you are looking for more in-depth information about a specific topic relating to hypoxic-ischemic encephalopathy (HIE), we would be happy to provide you with one of several downloadable information packets that provide more specific information for your child's needs.

We are always looking for ways to improve, so if there are any topics you'd like to see discussed on the site that you don't see, please feel free to reach out to us, and we'll do some research into that specific topic.

Ways to get information:

- [Browse our topic list](#)
- Call the HIE Help Center at (888) 329-0122
- Contact us online by completing our contact form
- Request a free resource packet
- Connect with us on [Facebook](#), [Twitter](#), [Pinterest](#), and [Google+](#).